

September Specials

Appetisers

Chicken Liver and Red Currant Pâté served with warm toasted Onion Boule Bread and Red Onion Marmalade .	£5.95
Sautéed Garlic Mushrooms with Walnut Sourdough Bloomer, Pea-shoots & “Hard Italian Cheese” (vegetarian Parmesan) salad. V	£5.75
Breaded Whitebait served with dressed Salad and Marie Rose Sauce .	£4.95
Crab and Prawn Tian with Rocket and Pea Salad . G	£7.75
Fish & Chips, local Beer Battered Fish with Pont Neuf Chips, Pea Purée and homemade Tartar Sauce. Or try our Veggie version using Halloumi. (V)	£5.95

Main Dishes

Vegetable Lasagne served with dressed Salad and Garlic and Green Olive Herb Pavé Bread . V	£12.95
Baked Salmon Fillet served on crushed New Potatoes with Red Pepper Coulis and Seasonal Vegetables. G	£13.95
Lemon and Thyme Marinated Chicken Breast served on Sautéed New Potatoes, Cherry Tomatoes and Peppers topped with Red Pepper Salsa. G	£15.95
Devon and Cornwall Rump Steak, cooked to your liking, served with Thyme Roasted Portabello Mushroom, Cherry Tomatoes, Parsnip Crisps, our Triple Cooked Chips. Green Peppercorn G , Red Wine Jus G , Devon Blue V G or Garlic and Herb Butter V G sauces: £2 supplement.	£18.95
Tenderloin of Pork wrapped in Prosciutto served on a bed of Sautéed Cabbage with Dauphinoise Potatoes, Baby Apples & a Cider Cream Sauce. G	£16.95
Pan fried Seabass Fillet served with Sun Dried Tomato Mashed Potato, Sautéed Chorizo and Seasonal Vegetables . G	£14.95

Side Dishes

Ale battered Onion Rings V .	£2.95
Garlic Flat Bread V .	£2.75
Side Salad V G	£2.75
New Potatoes V.VV G	£2.75
Skinny Fries V .	£2.75
Sweet Potato Fries V .	£2.95
Weary Ploughman Triple Cooked Chips V .	£2.75
Garden Peas V.VV G	£2.75
Green Beans with Shaved “Hard Italian Cheese” (vegetarian Parmesan) V G	£4.95
Seasonal Vegetables V G	£2.75

Small? or Large?

We offer all our meals in a smaller or larger portion for those customers who would prefer this. You will either get more or less of those portions of the meal that fill you up for £2 less or more respectively.

V Vegetarian, **VV** Vegan, **GF** Gluten Free, **O** Organic, **BD** Biodynamic, **FT** Fair Trade.

We use MSC accredited fish suppliers MSC - Marine Stewardship Council, supporting fishing sustainably.

All items are subject to availability. All prices include VAT. We apply NO service charge.

Our staff run a Tronc (tip share) scheme in which tips are pooled and divided equally with front of house, kitchen & cleaners.

Management transfers all tips paid via card to the Tronc without any deductions or processing fees.

All allergen & intolerance information is available, please ask a member of staff to view our allergen & intolerance information or visit - <http://menus.whatsinmydish.co.uk/wearyploughman.mn>.